STEPS TO FIT CHECK YOUR FFP3 RESPIRATOR CORRECTLY



VapourKlenz™ FA-60399 Respirator FFP3 NR D EN149:2001+ A1:2009

Fit checking involves a quick check each time the respirator is put on to ensure the respirator is properly applied, that a good seal is achieved over the bridge of the nose and mouth, and that there are no gaps between the respirator and face. Fit checking is the appropriate minimum standard when using FFP3 respirators.



Hold the respirator in one hand and inspect the facial seal, headstraps, buckles and exhalation valve.



Respirator should be comfortable sealing around the chin and cheeks.



Turning respirator over to expose the two headstraps, separate the straps using your thumb and index finger. Hold headstraps upward with your thumb and index finger cup the respirator under your chin.



With fingers on each side firmly adjust and mould the aluminium nose clip over the bridge of your nose to achieve a comfortable fit. Ensure a good facial seal by adjusting the headstraps.



Stretch the lower headstrap positioning it over your head below the ears, then stretch and position the upper headstrap on the top of your head above the ears.



FIT CHECK with both hands cupped gently over the front of respirator inhale boldly.

A If air flows around the nose area, gently readjust the nose clip

B If there is inward air leakage around the facial seal of the respirator, readjust the headstraps. No inward air leakage should be present for a successful fit check to be achieved

A proper and successful fit check is essential. If fit check is NOT successful remove respirator & refit. Facial hair may impede achieving a positive seal. If fit check is unsuccessful DO NOT proceed and DO NOT enter work area.

